MEDICAL ABORTION DISCHARGE INSTRUCTION SHEET

SYMPTOMS TO EXPECT:
This treatment causes cramping and bleeding. Usually these symptoms mean that the treatment is working. However, sometimes you can get cramping and bleeding and still be pregnant. This is why you must return to the Atlanta Women’s Center for your follow up visit on or about day 14. Other possible side effects include diarrhea, nausea, vomiting, headache, dizziness, back pain and tiredness. Usually these side effects lessen after day 3 and are usually gone by day 14.

BLEEDING AND CRAMPING:
Once you take the misoprostol orally, you probably will begin to bleed. Bleeding or spotting can be expected for an average of 9-16 days. Your bleeding may be similar to, or greater than a normal heavy period. You may see blood clots and tissue that come from your uterus. Contact the Atlanta Women's Center immediately if you bleed enough to soak through two thick full sized sanitary pads per hour for two consecutive hours or if you are concerned about heavy bleeding. A prescription for Ibuprofen will be given to you for your discomfort and a prescription for Doxycycline will be given to you to help prevent infection.

If you are worried about any side effects you have, have any questions, concerns or problems, contact the Atlanta Women’s Center at 404-257-0057 or toll-free at 800-877-6332.

PATIENT GIVEN A 200 MG DOSE OF MIFEPRLEX:

DATE ___________________ TIME ___________________ INITIALS _____

PATIENT GIVEN FOUR 200 MCG MISOPROSTOL TABLETS TO TAKE HOME. PATIENT INSTRUCTED HOW AND WHEN TO TAKE THE MISOPROSTOL BUCCALLY.

DATE ___________________ TIME ___________________ INITIALS _____

PATIENT INSTRUCTED HOW TO TAKE PAIN MEDICATION AND DOXYCYCLINE. PATIENT SCHEDULED FOR A FOLLOW UP VISIT ON OR ABOUT DAY 14.

DATE ___________________ TIME ___________________ INITIALS _____

PATIENT SIGNATURE _______________________________ DATE ________